

# UPPER GI INSTRUCTIONS

**Thomas Nattakom, MD**

: Patient Name: \_\_\_\_\_.

Date of Procedure: \_\_\_\_\_.

Arrival Time: \_\_\_\_\_ Procedure Time: \_\_\_\_\_.

## **RESCHEDULING PROCEDURES:**

Please notify our office at least **3 business days prior** to your procedure if you need to cancel or reschedule. A fee of **\$50 may be applied at doctor's discretion**. Please call our office if you have any questions or concerns 575-522-3220 or 575-522-7697.

## **YOUR PROCEDURE WILL TAKE PLACE AT:**

- Lohman Endoscopy Center**  
4381 E. Lohman Ave, STE A  
Las Cruces, NM 88011 575-522-3220
  
- Memorial Medical Center**  
2450 S. Telshor Blvd.  
Las Cruces, NM 88011 575-522-8941
  
- MT. View Regional Medical Center**  
4311 E. Lohman Ave.  
Las Cruces, NM 88011 575-556-7600
  
- MT. View Surgery Center**  
4351 E. Lohman Ave, STE 102  
Las Cruces, NM 88011 575-532-3305

# How to prepare for the UPPER GI ENDOSCOPY

## **BLOOD THINNING MEDICATIONS**

If you take on of the following medications, you will have specific instructions on when to stop taking it **OR** if you will continue taking it:

PLAVIX (CLOPIDOGREL)	COUMADIN (WARFARIN)
PRADAXA (DABIGATRAN)	EFFIENT (PRASUGREL)
XARELTO (RIVAROXABAN)	BRILINTA
AGGRENOX OR TICLID	

Continue to take your \_\_\_\_\_.

You will hold your \_\_\_\_\_ for \_\_\_\_\_ days prior to procedure.

**Day before procedure:** No solid food after midnight.

**Day of procedure:** You can have clear liquids **up to 3 hours before your procedure and nothing after.**

Day of procedure you will only take the following medications:

- Blood Pressure Medication
- Heart Medications
- Anti Seizure Medication
- Insulin (bring with you)

**Please bring the following items on the day of procedure”**

- Current insurance and photo ID
- Co-pay
- Instructions
- You will need a driver after the procedure.

**NO** Uber, Lyft, or Taxi.